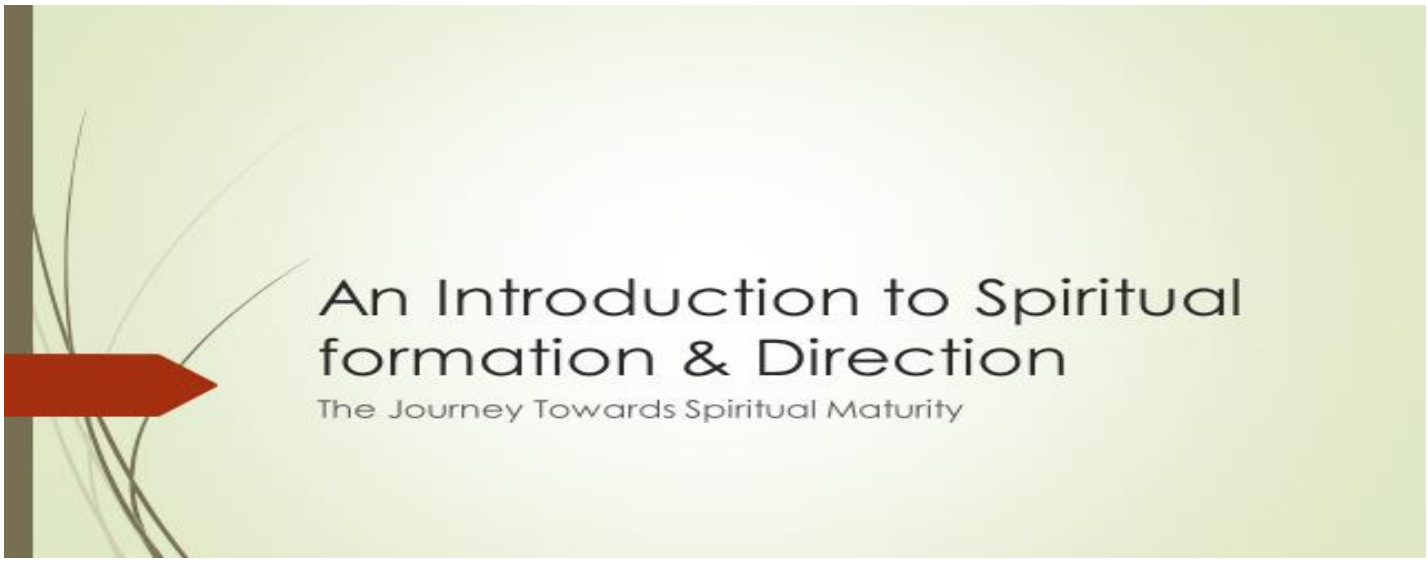

What is Spiritual Formation? Defining It and the Process:

Spiritual vs. Moral Formation:

Spiritual formation and the Will:

Spiritual formation In Christ & Goals of SF:

Implications for Spiritual Direction: