

# Spiritual Direction Reading List

## Required Reading

- [\*Sacred Companions: The Gift of Spiritual Friendship & Direction\*](#) by David Brenner
- [\*Online Video Course: "Lectio Divina: For You and Your Ministry"\*](#) by Bill & Kristi Gaultiere
- [\*Holy Listening: The Art of Spiritual Direction\*](#) by Margaret Guenther
- [\*Lectio Divina Guides\*](#) by Bill Gaultiere
- [\*Ignatian Meditation Guides\*](#) by Bill Gaultiere
- [\*The Listening Life\*](#) by Adam S. NcHugh
- [\*Your Best Life in Jesus' Easy Yoke\*](#) by Bill Gaultiere
- [\*Praying the Psalms: Engaging Scripture and the Life of the Spirit\*](#) by Walter Brueggemann
- [\*Breath Prayer Guides\*](#) by Bill Gaultiere
- [\*Healing Prayer\*](#) by Bill & Kristi Gaultiere
- [\*Unforsaken: With Jesus on the Stations of the Cross\*](#) by Bill Gaultiere
- [\*Journey of the Soul\*](#) by Bill & Kristi Gaultiere
- [\*The Enneagram Made Easy\*](#) By Baron & Wagele
- [\*The Practice of Spiritual Direction\*](#) By Barry & Connelly
- [\*Your Sabbatical: An Introduction\*](#) by Bill Gaultiere
- [\*Spiritual Direction & The Care of Souls\*](#) by Moon & Brenner
- [\*Surprising Joy\*](#) by Bill & Kristi Gaultiere

## Suggested Reading

- [\*\*Spiritual Direction & Meditation\*\*](#) by Thomas Merton
- [\*\*Writings on Spiritual Direction\*\*](#) by Great Christian Masters edited by Jerome Neufelder and Mary Coelho
- [\*\*Soul Friend: An Invitation to Spiritual Direction\*\*](#) by Kenneth Leech
- [\*\*Care of Mind / Care of Spirit: A Psychiatrist Explores Spiritual Direction\*\*](#) by Gerald May
- [\*\*Soul Keeping: Ancient Paths of Spiritual Direction\*\*](#) by Howard Baker
- [\*\*When the Soul Listens: Finding Rest and Direction in Contemplative Prayer\*\*](#) by Jan Johnson
- [\*\*The Friend of the Bridegroom: Spiritual Direction and the Encounter With Christ\*\*](#) by Thomas H. Green
- [\*\*Spiritual Direction\*\*](#) by Henri Nouwen
- [\*\*Seeking God Together: An Introduction to Group Spiritual Direction\*\*](#) by Alice Fryling

To purchase the books from Amazon at their best price, click on the bold, underlined links. A portion of the sale will go back to the nonprofit ministry of Soul Shepherding