

PAUL DISCERNS THE SPIRIT'S LEADING

Ignatian Meditation Guides by Bill Gaultiere

Introduction to Ignatian Meditation

In Ignatius' 16th century approach to Scripture instead of analyzing a text, you use your senses to imagine yourself as a character in the story. Then you have a short, personal conversation with the Lord. Each reading is guided by a focus question below. In a group context follow the leader's instructions on what to share and be sure to protect people's confidentiality.

Background to the Text

This Scripture reading in *The Spiritual Exercises* of Ignatius is in Week One and focuses on God's love. Paul, Silas, Timothy, and Luke have had success strengthening the churches in one town after another. Now they're tromping along by foot through Galatia and Asia, trying to discern where God would have them to preach the Gospel next. But as they continue on the Spirit of Jesus keeps leading them father north. Through this process of trial and error, along with Paul's dream, God leads them to go all the way up to Europe to share the Good News. Later Paul will teach the people of Galatia and us from his experience: "Since we live by the Spirit let us keep in step with the Spirit" (Galatians 5:25).

Ask For the Grace

God, our Lord, I desire the grace that you order all my thoughts, intentions, and actions to praise and serve you.

Imagine Scripture: Acts 16

6-8 They went to Phrygia, and then on through the region of Galatia. Their plan was to turn west into Asia province, but the Holy Spirit blocked that route. So they went to Mysia and tried to go north to Bithynia, but the Spirit of Jesus wouldn't let them go there either. Proceeding on through Mysia, they went down to the seaport Troas.

9-10 That night Paul had a dream: A Macedonian stood on the far shore and called across the sea, "Come over to Macedonia and help us!" The dream gave Paul his map. We went to work at once getting things ready to cross over to Macedonia. All the pieces had come together. We knew now for sure that God had called us to preach the good news to the Europeans.

11-12 Putting out from the harbor at Troas, we made a straight run for Samothrace. The next day we tied up at New City and walked from there to Philippi, the main city in that part of Macedonia and, even more importantly, a Roman colony. We lingered there several days.

13-14 On the Sabbath, we left the city and went down along the river where we had heard there was to be a prayer meeting. We took our place with the women who had gathered there and talked with them. One woman, Lydia, was from Thyatira and a dealer in expensive textiles, known to be a God-fearing woman. As she listened with intensity to what was being said, the Master gave her a trusting heart—and she believed!

15 After she was baptized, along with everyone in her household, she said in a surge of hospitality, "If you're confident that I'm in this with you and believe in the Master truly, come home with me and be my guests." We hesitated, but she wouldn't take no for an answer (MSG).

Prayer / Journaling / Soul Talk Prompts

1. Visualize yourself in the Scripture. Don't seek intellectual insights—stay with the imagery. Use your senses to see, touch, feel, and hear. What part of the story are you drawn to? Which character do you identify with or are you a bystander?
2. Experience the story in the role of the character God led you to. Then talk with the Lord. What do you feel? How does this relate to something in your life today? What is God saying to you?