

Jesus Sees Your Pain and Heals Your Heart (Luke 13:10-17)

Bill Gaultiere ~ [Lectio Divina Guides](#) ~ [SoulShepherding.org](#)

Guidelines: Protect confidentiality and follow the leader's prompts

Lectio Divina Rhythms/Process (Repeat three times):

- (a) Read the Scripture passage ("Lectio")
- (b) Reflect on the focus question below ("Meditatio")
- (c) Respond in quiet prayer/journaling ("Oratio")
- (d) Rest in God's invitation for you then pray/share out loud if you want ("Contemplatio")

Introduction: The religious leaders have been wanting to kill Jesus because he keeps breaking their Sabbath rules. Despite this, one Sabbath while teaching in the synagogue Jesus sees a crippled woman hunched over and in pain. For eighteen years she'd been kept bound up and burdened by Satan and couldn't stand up straight. Jesus looks at her with compassion and touches her lovingly — immediately she straightens up and gives praise to God! Then Jesus proclaims that the Sabbath is a day to set people free. Indeed, everyone who delights in Jesus' wonderful works and words experiences healing in their heart.

Opening Prayer: Imagine Jesus looking at you with compassion — look into his eyes.

Read Scripture: Luke 13 (NIV)

¹⁰ On a Sabbath Jesus was teaching in one of the synagogues, ¹¹ and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. ¹² When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." ¹³ Then he put his hands on her, and immediately she straightened up and praised God.

¹⁴ Indignant because Jesus had healed on the Sabbath, the synagogue leader said to the people, "There are six days for work. So come and be healed on those days, not on the Sabbath."

¹⁵ The Lord answered him, "You hypocrites! Doesn't each of you on the Sabbath untie your ox or donkey from the stall and lead it out to give it water? ¹⁶ Then should not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen long years, be set free on the Sabbath day from what bound her?"

¹⁷ When he said this, all his opponents were humiliated, but the people were delighted with all the wonderful things he was doing.

1st Reading: What is one word or phrase the Holy Spirit impresses on you? Meditate on that.

2nd Reading: Enter into the Scripture passage. What do you feel? What specific situation in your life today relates? Write down a prayer or pray quietly.

3rd Reading: What is God's personal invitation for you from the Scripture? You can write down what God may be saying to you or a prayer of thanks. Or rest quietly in God.