Following Good Shepherd (Psalm 23)
Bill Gaultiere ~ [Lectio Divina Guides](#) ~ [SoulShepherding.org](#)

Guidelines: Protect confidentiality and follow the leader's prompts

Lectio Divina Rhythms/Process (Repeat three times):
   (a) Read the Scripture passage ("Lectio")
   (b) Reflect on the focus question below ("Meditatio")
   (c) Respond in quiet prayer/journaling ("Oratio")
   (d) Rest in God's invitation for you then pray/share out loud if you want ("Contemplatio")

Introduction: In our personal life and our work we have a variety of needs and challenges. Who will we listen to? Who will we trust? David turned to the Lord God as his shepherd. We see this in all of his psalms, but especially in Psalm 23 which uses the analogy of a shepherd caring for and guiding his sheep on our journey. God shepherds us in many ways, but especially through his Word, providential circumstances, and godly people. Psalm 23 helps us look to the Lord in every situation we face.

Opening Prayer: Jesus said, "I am the good shepherd." (John 10:11).

Read Scripture: Psalm 23 (NKJV)
1 The Lord *is* my shepherd; / I shall not want.
2 He makes me to lie down in green pastures;
He leads me beside the still waters.
3 He restores my soul;
He [guides] me in the paths of righteousness / For His name's sake.
4 Yea, though I walk through the valley of the shadow of death,
I will fear no evil; / For You *are* with me;
Your rod and Your staff, they comfort me.
5 You prepare a table before me in the presence of my enemies;
You anoint my head with oil; / My cup runs over.
6 Surely goodness and mercy shall follow me / All the days of my life;
And I will dwell in the house of the Lord / Forever.

1ˢᵗ Reading: What is one word or phrase the Holy Spirit impresses on you? Meditate on that.

2ⁿᵈ Reading: Enter into the Scripture passage. What do you feel? What specific situation in your life today relates? Write down a prayer or pray quietly.

3ʳᵈ Reading: What is the Good Shepherd offering you (or your group)? Offer a prayer of thanks or petition to God.