Three Kings Worship the Christ Child (Matthew 2:1-12)

Bill Gaultiere ~ Ignatian Meditation Guides ~ SoulShepherding.org

Guidelines (For Groups): Protect confidentiality and follow the leader's prompts.

Ignatian Meditation Process: Ignatius chose this Gospel reading for Week 2 of *The Spiritual Exercises*. Read the introduction and then "Ask for the grace". Then quietly read the passage by using your imagination to enter into the story, sensing and feeling what's going on. Don't analyze the passage or seek insights — *experience yourself as a character in the story*. After the second reading have a "colloquy" (short, personal conversation) with the Lord. You can use the prompts and questions at the bottom to guide your prayer time and journaling (and sharing with others).

Introduction: Three scholars (traditionally wise men or kings) from the East saw a miracle star in the night sky and discerned that it signaled the birth of the King of the Jews, the long-awaited Christ. They traveled across the desert to worship Jesus with their adoration and gifts. Then they protected the holy family from the evil king Herod. Their prophetic gifts of gold, frankincense, and myrrh inspire us to adore Jesus as the King of Kings, Great High Priest, and Savior of the World.

Ask For the Grace: Lord Jesus, I ask for the grace I desire: to know you more intimately, to love you more intensely, and to follow you more closely.

Imagine Yourself in the Gospel: Matthew 2 (MSG)

1-2 After Jesus was born in Bethlehem village, Judah territory— this was during Herod's kingship—a band of scholars arrived in Jerusalem from the East. They asked around, "Where can we find and pay homage to the newborn King of the Jews? We observed a star in the eastern sky that signaled his birth. We're on pilgrimage to worship him."

3-4 When word of their inquiry got to Herod, he was terrified—and not Herod alone, but most of Jerusalem as well. Herod lost no time. He gathered all the high priests and religion scholars in the city together and asked, "Where is the Messiah supposed to be born?"

5-6 They told him, "Bethlehem, Judah territory. The prophet Micah wrote it plainly:

It's you, Bethlehem, in Judah's land,

no longer bringing up the rear.

From you will come the leader

who will shepherd-rule my people, my Israel."

7-8 Herod then arranged a secret meeting with the scholars from the East. Pretending to be as devout as they were, he got them to tell him exactly when the birth-announcement star appeared. Then he told them the prophecy about Bethlehem, and said, "Go find this child. Leave no stone unturned. As soon as you find him, send word and I'll join you at once in your worship."

9-10 Instructed by the king, they set off. Then the star appeared again, the same star they had seen in the eastern skies. It led them on until it hovered over the place of the child. They could hardly contain themselves: They were in the right place! They had arrived at the right time!

11 They entered the house and saw the child in the arms of Mary, his mother. Overcome, they kneeled and worshiped him. Then they opened their luggage and presented gifts: gold, frankincense, myrrh.

12 In a dream, they were warned not to report back to Herod. So they worked out another route, left the territory without being seen, and returned to their own country.

1st Reading: Visualize yourself in the Gospel story. Don't seek intellectual insights — stay with the imagery. Use your senses to see, touch, feel, and hear. What part of the story are you drawn to? Which character do you identify with or are you a bystander?

2nd Reading: Experience the story in the role of the character God led you to. Then talk with the Lord. What do you feel? How does this relate to something in your life today? What is God saying to you?