Heaven or Hell? It's Our Choice (Luke 16:19-31)

Bill Gaultiere ~ Ignatian Meditation Guides ~ SoulShepherding.org

Guidelines: Protect confidentiality and follow the leader's prompts.

Ignatian Meditation Process: To help foster confession of sin Ignatius features a meditation on hell (as in this Gospel reading) at the end of Week 1 of *The Spiritual Exercises*. Read the introduction and then "Ask for the grace". Then quietly read the passage by using your imagination to enter into the story, sensing and feeling what's going on. Don't analyze the passage or seek insights — *experience yourself as a character in the story.* After the second reading have a "colloquy" (short, personal conversation) with the Lord. You can use the prompts and questions at the bottom to guide your prayer time and journaling (and sharing with others).

Introduction: Hell is not something people want to believe exists, but Jesus talked about it as a real place of eternal torment. It seems nobody would choose hell, but indirectly people do when they don't want to come under the rule of God. Sin is separating ourselves from God and hell is an eternal separation. Contemplating the realities of hell and heaven can motivate us to ask Christ Jesus to forgive our sins now and to hold us forever the Father's love.

Ask For the Grace: O Christ who was crucified for me, I ask for the grace I desire: to feel increased sorrow and confusion over my sins so I cry out earnestly for your mercy.

Imagine Yourself in the Gospel: Luke 16 (MSG)

19-21 "There once was a rich man, expensively dressed in the latest fashions, wasting his days in conspicuous consumption. A poor man named Lazarus, covered with sores, had been dumped on his doorstep. All he lived for was to get a meal from scraps off the rich man's table. His best friends were the dogs who came and licked his sores.

22-24 "Then he died, this poor man, and was taken up by the angels to the lap of Abraham. The rich man also died and was buried. In hell and in torment, he looked up and saw Abraham in the distance and Lazarus in his lap. He called out, 'Father Abraham, mercy! Have mercy! Send Lazarus to dip his finger in water to cool my tongue. I'm in agony in this fire.'

25-26 "But Abraham said, 'Child, remember that in your lifetime you got the good things and Lazarus the bad things. It's not like that here. Here he's consoled and you're tormented. Besides, in all these matters there is a huge chasm set between us so that no one can go from us to you even if he wanted to, nor can anyone cross over from you to us.'

27-28 "The rich man said, 'Then let me ask you, Father: Send him to the house of my father where I have five brothers, so he can tell them the score and warn them so they won't end up here in this place of torment.'

29 "Abraham answered, 'They have Moses and the Prophets to tell them the score. Let them listen to them.'

30 "I know, Father Abraham,' he said, 'but they're not listening. If someone came back to them from the dead, they would change their ways.'

31 "Abraham replied, 'If they won't listen to Moses and the Prophets, they're not going to be convinced by someone who rises from the dead.""

1st Reading: Visualize yourself in the Gospel story. Don't seek intellectual insights — stay with the imagery. Use your senses to see, touch, feel, and hear. What part of the story are you drawn to? Which character do you identify with or are you a bystander?

2nd Reading: Experience the story in the role of the character God led you to. Then talk with the Lord. What do you feel? How does this relate to something in your life today? What is God saying to you?